

2013 Eastern All-Conference Teams

(Listed Alphabetically by Team)

Women's Eastern First Team All-Conference

#6 Emily Brower	North Penn
#3 Kelly Fellmeth	North Penn
#8 Julie Krout	North Penn
#18 Erin O'Neill	North Penn
#1 Kat Perkins	North Penn
#1 Maggie Walker	Pennridge
#11 Sarah Hershey	Souderton
#1 Rickilee Hodges	Souderton
#15 April Kichline	Souderton
#3 Rachel Munger	Springfield

Men's Eastern First Team All-Conference

#11 Nick Dermo	LaSalle
#9 Nick Stachel	LaSalle
#4 Brett Else	North Penn
#10 Shane Hennessey	North Penn
#3 Thanas Kountrubis	North Penn
#20 DJ Maurone	Pennridge
#21 Jordan Hay	Souderton
#3 Danny Trout	Souderton
#1 Mac Hennessy	Wissahickon
#6 Luke Waechter	Wissahickon

Women's Eastern Second Team All-Conference

#4 Aimee Baur	North Penn
#13 Brittany Savercool	Pennridge
#15 Hnyla Sloan	Pennridge
#4 Madison Trauger	Pennridge
#21 Caleigh O'Donnell	Souderton
#18 Gabriella Pagano	Souderton
#5 Kayla Rush	Souderton
#1A/2 Elizabeth Leibfreid	Springfield
#7 Grace Lightcap	Springfield
#11 Sarah Moguee	Springfield

Men's Eastern Second Team All-Conference

#5 Luke Chadwick	LaSalle
#16 Vince Everman	LaSalle
#5 Liam Kelly	North Penn
#1 Jon Krail	North Penn
#9 Colin Russell	Pennridge
#13 Nick Spehar	Pennridge
#5 Lucas Giannini	Souderton
#3 Tyler Chamberlain	Springfield
#4 Jake Berring	Wissahickon
#3 Alex Bolen	Wissahickon

Women's Eastern Third Team All-Conference

#19 Emily Dunigan	North Penn
#20 Kacie Cios	Pennridge
#18 Kayla Muredda	Pennridge
#5 Samantha Thompson	Pennridge
#22 Michaela Pagano	Souderton
#6 Brittany Chamberlain	Springfield
#1/10 Meg Chandler	Springfield
#5 Margrethe Leis	Springfield
#2 Betsy Czarkowski	Upper Merion
#2 Lisa Kennedy	Wissahickon

Men's Eastern Third Team All-Conference

#7 Harrison Schultz	LaSalle
#18 Cole Palumbo	North Penn
#15 Skyler Trautz	North Penn
#5 Reilly Dolan	Pennridge
#1 Ryan Kierstan	Souderton
#11 Brendan Loux	Souderton
#19 Tristan Loux	Souderton
#9 Tim Resch	Springfield
#9 Danny Knoll	Wissahickon
#7 Robby Wilson	Wissahickon

2013 Central All-Conference Teams

(Listed Alphabetically by Team)

Women's Central First Team All-Conference

#6 Shyla Lintz	Cumberland Valley
#2 Carly Kent	Cumberland Valley
#12 Emily Wickenheiser	Cumberland Valley
#14 Emily Argentati	Governor Mifflin
#2 Sarah Limanni	Governor Mifflin
#12 Morgan McMahon	Governor Mifflin
#16 Lexie Gartner	Wilson
#1 Sonja Kiefer	Wilson
#12 Kenzie Klee	Wilson
#17 Alyssa Mikes	Wilson

Men's Central First Team All-Conference

#21 Nick Francis	Cumberland Valley
#4 Kolin Knott	Cumberland Valley
#1 Grant Wandling	Cumberland Valley
#1 Gene Bilbao	Governor Mifflin
#12 Sterg Dikos	Governor Mifflin
#4 Owen Hana	Governor Mifflin
#12 Kyle Dix	Perkiomen Valley
#14 Matt Guenter	Wilson
#3 Quinn Lloyd	Wilson
#4 Carter Young	Wilson

Women's Central Second Team All-Conference

#22 Kaitlyn Gates	Cumberland Valley
#1 Grace Kent	Cumberland Valley
#23 Sabrina Mortell	Cumberland Valley
#20 Paige Adams	Governor Mifflin
#1 Marina Azzarello	Governor Mifflin
#1A/21 Felicia Grego	Hazleton
#19 Alex Podlesny	Hazleton
#4 Elle Thorneloe	Perkiomen Valley
#14 Christina Williams	Upper Perkiomen
#14 Gina Grauer	Wilson

Men's Central Second Team All-Conference

#3 Adam Bowers	Cumberland Valley
#15 John Leighton	Cumberland Valley
#15 Riley Mangan	Governor Mifflin
#20 Troy Valkusky	Hazleton
#15 Matt Rosenberger	Muhlenberg
#12 James Flynn	Reading
#11 Brandon Umstead	Upper Perkiomen
#5 Danny Savoy	Wilson
#15 Tristan Williams	Wilson
#5 Ed Zawatski	Wyoming Valley West

Women's Central Third Team All-Conference

#10 Taylor Reed	Central York
#10 Mackenzie McFadden	Cumberland Valley
#21 Lexie Saidman	Governor Mifflin
#15 Becca Yannes	Hazleton
#9 Amanda Eckert	Muhlenberg
#3 Kacie Furher	Muhlenberg
#17 Mariana Bernal	Perkiomen Valley
#13 Maddy Curran	Wilson
#19 Ashley Wilson	Wilson
#5 Briana Gaylets	Wyoming Valley West

Men's Central Third Team All-Conference

#1A Jacob Deckman	Cumberland Valley
#7 Crawford Smith	Cumberland Valley
#19 Ty Stoner	Cumberland Valley
#3 Kyle McElroy	Governor Mifflin
#3/21 Ian Ibberson	Mechanicsburg
#10 Chad Doerrman	Muhlenberg
#14 Logan Thorneloe	Perkiomen Valley
#8 Jay Deschamps	Reading
#8 Ryan Mercado	Upper Perkiomen
#1 Preston Hoopes	Wilson

2013 Western All-Conference Teams

(Listed Alphabetically by Team)

Women's Western First Team All-Conference

#23 Alyssa Linden	McDowell
#1 Isabelle Vieira	McDowell
#1 Kristen Bishop	North Allegheny
#10 Esma Dollaku	North Allegheny
#8 Abi Rubio	North Allegheny
#12 Mia Siclari	North Allegheny
#4 Claire Washabaugh	North Allegheny
#18 Alison Cooney	Villa Maria
#17 Abby Quinn	Villa Maria
#11 Lizzie Rodriguez	Villa Maria

Men's Western First Team All-Conference

#6 Daniel Bauman	Cathedral Prep
#10 Stephen Bretz	Cathedral Prep
#7 Zach Miller	Cathedral Prep
#9 Steven Owens	McDowell
#7 Evan Wujcik	McDowell
#16 Gabe Gaspar	North Allegheny
#14 Dom Moore	North Allegheny
#4 Nemanja Pljevacic	North Allegheny
#1 Charles Ross	North Allegheny
#13 Max Staresinic	North Allegheny

Women's Western Second Team All-Conference

#9 Claire Christensen	Fairview
#13 Stephanie Loesch	Fairview
#1 Fallon Siegler	Fairview
#8 Colleen Bolmanski	McDowell
#21 Jenna DiPlacido	McDowell
#3 Chloe Baierl	North Allegheny
#11 Taylor McClallen	North Allegheny
#6 Morgan Soulia	North Allegheny
#5 Kelly Fehr	Villa Maria
#1 Abby Morrison	Villa Maria
#7 Payton Taylor	Villa Maria

Men's Western Second Team All-Conference

#1 Lucas Buseck	Cathedral Prep
#12 Joe Marin	Cathedral Prep
#11 Anthony Paoella	Cathedral Prep
#5 Rex Riley	Cathedral Prep
#3 Tom Squeglia	Cathedral Prep
#10 Jack Mahoney	McDowell
#3 Race Mahoney	McDowell
#12 Zach Buerger	North Allegheny
#3 Daniel Moore	North Allegheny
#10 Ryan Pieton	North Allegheny