



Do you have an active child that is full of energy and would love to run, jump, and play? Join us for **VolleyKids**- a program designed to teach your little athlete to work cooperatively with others, follow directions, and most importantly get moving!! Sessions will help develop each child's coordination and fine motor skills and will introduce some of the basic movements used in volleyball.

Heidi Miller and Teri Schall will be presenting the **VolleyKids** program for boys and girls ages 4 to 7. Our participants will work with their parent or caregiver and the instructors during each of five one hour sessions. Children will have the opportunity to use a variety of age-appropriate pieces of equipment including scarves, balloons, beach volleyballs, "First Touch" volleyballs, footprints for footwork, and small foam balls for throwing. Each participant will receive a beach ball volleyball to take home at the conclusion of the program.

VolleyKids will be a great addition to your child's summer fun activities!

The VolleyKids program will take place at *St. John's Lutheran Church of Highland* 311 Cumberland Rd, Pittsburgh, PA, 15237 on **June 13 and 14**.

The following week sessions will be held at *Carson Middle School* 300 Hillvue Ln, Pittsburgh, PA, 15237 on **June 20, 21, and 22**.

All sessions will run from **9:00am-10:00am**.

The cost of the program is \$50. Checks/cash will be accepted on the first day.

There will be a maximum of 20 participants. Registration will be taken using a Google Form at the following link:

<https://goo.gl/forms/TrcL7cRFsiU0RRzq1>

For additional information or answers to any questions you might have, please contact Heidi Miller at 412-215-2101 or brmhrmchip@gmail.com.

We look forward to working with your child!