



## **Attention K - 12<sup>th</sup> Grade North Allegheny Students!**

Looking for some fun over the spring? Want to see what field hockey is all about?

**THEN COME JOIN US FOR THE 2018**

**FIELD HOCKEY SPRING REC LEAGUE!**

**Instruction provided by NAFH Coaches & NA Varsity Players**

<b><u>GRADES K-5:</u></b>	Saturdays: 11am-12pm: 4/7, 4/14, 4/21, 5/5, 5/12 Saturdays: 12-1pm: 04/28 Mondays: 5:30-6:30pm: 04/30, 05/07
<b><u>GRADES 5-7*:</u></b>	Saturdays: 10am-12pm: 4/7, 4/14, 4/21, 4/28, 5/5, 5/12 Fridays: 5:30-7:30pm: 04/20 Mondays: 5:30-7:30pm: 04/30, 05/07 <i>*5<sup>th</sup> graders with 2+ years of experience can play up with middle school.</i>
<b><u>GRADES 8-12:</u></b>	Saturdays: 9am-11am: 4/7, 4/14, 4/21, 4/28, 5/5, 5/12 Mondays: 5:30-7:30pm: 04/16, Mondays: 6:30-8:30pm: 04/30, 05/07 Tuesdays: 5:30-7:30pm: 04/10, Thursday: 5:30-7:30pm: 05/10
<b><u>COST:</u></b>	K-5: \$65      Middle School: \$90      High School: \$110
<b><u>LOCATION:</u></b>	North Allegheny Senior High School

**Registration is open now at:**

<https://go.teamsnap.com/forms/105798>

Email session questions to Head Varsity Coach Trish Herbert: [t\\_herbert3@yahoo.com](mailto:t_herbert3@yahoo.com)

Email registration questions to Brian Dodson: [bjd1home@msn.com](mailto:bjd1home@msn.com)