

WINTER SPORTS TRYOUT SCHEDULE 2019-2020

Listed below are the tryout dates for each sport being offered at North Allegheny this winter. There will be a total of 3 consecutive days of tryouts. We list below dates/times for day 1 of the tryout process. These dates and times are subject to change:

BOYS BASKETBALL

- **High School (Boys - Grades 10 - 12) – (2) teams (JV/Varsity)**
First day of tryouts – Monday, November 18
Location – Senior High Gym
Time - 6:30 pm – 9:00 pm
- **Freshman (Boys - Grade 9) – (1) team**
First day of tryouts – Monday, November 18
Location – Lower Gymnasium – NAI
Time - 2:30 pm – 5:00 pm
- **Carson MS (Boys - Grades 7-8) – (2) teams (7th grade team & 8th grade team)**
First day of tryouts – Monday, November 18
Location – Carson Middle School Gym
Time - 5:00 pm - 7:00 pm
- **Ingomar MS (Boys - Grades 7-8)) – (2) teams (7th grade team & 8th grade team)**
First day of tryouts – Monday, November 18
Location – Ingomar Middle School Gym
Time - 3:30 pm - 5:30 pm
- **Marshall MS (Boys - Grades 7-8)) – (2) teams (7th grade team & 8th grade team)**
First day of tryouts – Monday, November 18
Location – Marshall Middle School Gym
Time - 5:30 pm - 7:30 pm

GIRLS BASKETBALL

- **High School (Girls - Grades 9 - 12) – (2) teams (JV/Varsity)**
First day of tryouts – Monday, Nov. 18
Location – Senior High Gym
Time - 3:00 pm – 6:00 pm
- **Carson MS (Girls - Grades 7-8) – (2) teams (7th grade team & 8th grade team)**
First day of tryouts – Monday, November 18
Location – Carson Middle School Gym
Time - 3:00 pm - 5:00 pm
- **Ingomar MS (Girls - Grades 7-8) – (2) teams (7th grade team & 8th grade team)**
First day of tryouts – Monday, November 18
Location – Ingomar Middle School Gym
Time - 5:30 pm – 7:30 pm

- **Marshall MS (Girls - Grades 7-8) – (2) teams (7th grade team & 8th grade team)**
 First day of tryouts – Monday, November 18
 Location – Marshall Middle School Gym
 Time - 3:30 pm – 5:30 pm

BOWLING

- **High School (Boys & Girls - Grades 9-12) – (2) teams (JV/Varsity)**
 First day of tryouts – Monday, November 18
 Location – Perry Park Lanes
 Time - 4:00 pm – 6:00 pm
 \$5 per day/per student

DIVING

- **High School (Boys & Girls - Grades 9-12) – (2) teams (boys team & girls team)**
 First day of tryouts – Monday, November 18
 Location – Senior High Pool
 Time - 5:00 pm – 6:30pm

GYMNASTICS

- **High School (Girls - Grades 9-12) – (1) team**
 First day of tryouts – Monday, November 18
 Location – Jewart's Gym
 Time – 7:00pm – 9:00pm

INDOOR TRACK

- **High School (Boys & Girls - Grades 9-12) – (2) teams (boys team & girls team)**
 First day of tryouts – Monday, December 9
 Location – Baierl Center
 Time - 3:00 pm - 5:00 pm
 Practice Days - Monday, Tuesdays, Thursdays

SWIMMING

- **High School (Boys & Girls - Grades 9-12) – (2) teams (boys team & girls team)**
 First day of tryouts – Monday, November 18
 Location – Senior High Pool
 Time - 2:45 pm – 5:30 pm

WRESTLING

- **High School (Boys - Grades 10 - 12) – (2) teams (JV/Varsity)**
 First day of tryouts – Monday, November 18
 Location – Senior High Wrestling Room
 Time - 4:00 pm – 6:00 pm

- **Junior High (Boys - Grades 7-9) – (2) teams (Black, Gold)**
First day of tryouts – Monday, November 18
Location – NAI Small Gym
Time - 3:15 pm – 5:45 pm

Cheerleading (No tryout process – teams are already determined)

- **High School (Girls - Grades 9-12) – (2) teams (JV/Varsity)**
First day of practice – Monday, November 18th
Location – Intermediate High School (NAI)
- **Freshman (Girls - Grades 9) – (1) team**
First day of practice – Monday, November 18th
Location – Intermediate High School (NAI)
- **CMS, IMS, MMS Middle School (Girls - Grades 7-8) – (3) teams (1 team per MS)**
First day of practice – Monday, November 18th
Location – Lobby of each respective middle school

Ice Hockey

(No tryout process – teams are already determined – tryouts were in May)

- **High School (Boys - Grades 9-12) – (1) team (Varsity)**
First day of practice – Monday, August 12th
Location – Baierl Ice Center
Time – 7:20pm
- **High School (Boys - Grades 9 - 12) – (2) teams (JV1 and JV2)**
First day of practice – Tuesday, August 13th
Location – Baierl Ice Center\
Time – 8:30pm (JV1 Team)
Time – 9:30pm (JV2 Team)
- **Middle School (Boys - Grades 7-8) – (1) team**
First day of practice – Friday, August 16th
Location – Baierl Ice Center
Time – 3:45pm

In-Line Hockey

(No tryout process – teams are already determined – tryouts were in May)

- **High School (Boys - Grades 9-12) – (1) team (Varsity)**
First day of practice – Tuesday, August 27th
Location – RMU Island Sports Center
Time – 5:30pm