



FIELD HOCKEY

Youth Spring Developmental Sessions

AGE: K-5

DATE: Saturdays - April 4, April 18, May 2, May 16

TIME: 9:00-10:00 AM

PLACE: NAI Turf Field; North Allegheny Intermediate High School

COST: \$50.00 (cash or check can be made out to Maria Frantz)

LEARN THE SPORT OF FIELD HOCKEY & IMPROVE ON SKILLS

- Break down of fundamental stick skills
- Small based games
- Small group instruction
- Sticks & balls provided
- **DIRECTION BY: NORTH ALLEGHENY FIELD HOCKEY COACHING**

EMAIL mmfrantz29@gmail.com to secure your spot today OR fill out the below form and bring it to the first session!

YOUTH SPRING RECREATION PROGRAM REGISTRATION

Player Name: _____

Grade: _____

Parent/Guardian Name: _____

Email: _____

Phone # _____

****Return this form to Maria Frantz, Middle School Head Coach, with payment at 1st session****