

Coaching Responsibilities

- 1. Educate athletes on proper hand washing and sanitizing. Proper Hand Washing.pdf
- 2. Coaching staff and other adult personnel should wear face coverings (mask or face shields) at all times, unless doing so jeopardizes their health.
- 3. Coaches must maintain appropriate social distancing when possible, including the field of play, locker rooms, sidelines, dugouts, benches, and workout areas. Coaches and athletes are not to congregate. Social distancing should occur during warm-ups, skill building activities, simulation of drills, explaining drills or rules of the game.
- 4. All coaches must have the following completed on a daily basis before the start of any practice. The following information will be dated, recorded and stored in the athletic office:
 - a. On-site temperature check (No Touch Thermometer)
 - b. Covid-19 Screening Questionnaire
- 5. A Positive Screen that would warrant further investigation includes:
 - a. Positive Screen is defined as:
 - i. Temperature greater than 100.0 F
 - ii. New onset of cough or shortness of breath?
 - iii. Known exposure to a Covid-19 positive individual in the last 14 days

b. Actions:

- i. Coaches with a temperature greater than 100.0 F or new symptoms will be required to leave the facility immediately. Coaches must wait 24 hours to return to the district property provided their temperature has returned to normal or have a signed permission slip from a physician stating the individual is cleared to return. Coaches that are not able to attend that practice/conditioning should contact Bob Bozzuto, as well as the head coach.
- ii. Any coach with known exposure to a Positive Covid-19 individual, will be required to be seen by an appropriate medical provider for evaluation and will require medical documentation to return to participation.
- 6. Coaches are required to screen their athletes daily prior to participation in any activities. Documentation needs to be recorded and shared on a weekly basis and submitted to the Athletic Office. Any positive Covid-19 screening that requires the student-athlete to go home must immediately be reported to the Athletic Director.

- 7. Coaches should monitor signs and symptoms of Covid-19 during practices/competitions, in addition to Concussions, Heat Illness, and Sudden Cardiac Arrest.
- 8. Head coaches are to review the responsibilities expected of our student-athletes prior to the first workout. Initially, this should occur via email or virtual platform, but then must also be reviewed with student-athletes at your first practice/conditioning.
- 9. Coaches are to bring their own labeled water bottles and towels to team activities.
- 10. Water coolers are for refilling water bottles only. A board approved staff member or an approved designee is responsible for the refilling process and should be wearing gloves. At no time should any student-athlete be refilling water bottles. Team water coolers for sharing through disposable cups are not permitted. Fixed water fountains should not be used.
- 11. Activities that increase the risk of exposure should be avoided. This includes shaking hands, fist bumps or high fives.
- 12. Head coaches must consider the CDC guidelines on consideration for youth sports to modify practices and games to mitigate the risk of spreading the virus. This includes focusing on individual skill building versus competition and limiting contact in close contact sports.
- 13. Head coaches should create a back-up staffing plan that should include cross training staff and coaches and training all coaches and officials on safety protocols.
- 14. Monitor student-athletes during pick-up and drop off for practices and events to ensure that athletes are not congregating while awaiting pick-up or drop off. Parents should not enter the facility nor attend practices.
- 15. When meeting rooms are used, all social distancing practices must be adhered to at all times. Virtual team meetings should take place when possible. When meetings take place in person, all social distancing practices must be adhered to at all times.
- 16. Only approved staff members, athletes, and authorized personnel are to be present at practice.
- 17. Outside of the weight room, coaches and staff are responsible to clean equipment between individual uses.
- 18. Coaches are to reinforce to student-athletes that masks are to be worn at all times except during active participation time. The garment should cover both the nose and mouth to allow for continued unlabored breathing.
- 19. Coaches alone shall be permitted to touch equipment including training discs, cones, bags, etc; do not receive help from players.