

2022-2023 Winter Sports Tryout Schedule

Listed below are the tryout dates for each sport being offered at North Allegheny for the 2022-2023 school year. There will be a total of three consecutive dates for tryouts. The dates/times for day one of each tryout is listed below. These dates and times are subject to change.

Boys Basketball

- **High School (Boys – Grades 10-12). 2 teams – Varsity/JV.**
First day of tryouts – Friday, November 18, 2022
Location – Senior High School Gymnasium
Time – 3:00 – 6:00 pm
- **Freshman (Boys – Grade 9). 1 team.**
First day of tryouts – Friday, November 18, 2022
Location – Intermediate High School (NAI) Lower Gymnasium
Time – 2:30 – 5:00 pm
- **Carson MS (Boys – Grades 7-8). 2 teams – 8th grade team & 7th grade team.**
First day of tryouts – Friday, November 18, 2022
Location – Carson Middle School Gymnasium
Time – 3:30 – 5:30 pm
- **Ingomar MS (Boys – Grades 7-8). 2 teams – 8th grade team & 7th grade team.**
First day of tryouts – Friday, November 18, 2022
Location – Ingomar Middle School Gymnasium
Time – 5:30 – 7:30 pm
- **Marshall MS (Boys – Grades 7-8). 2 teams – 8th grade team & 7th grade team.**
First day of tryouts – Friday, November 18, 2022
Location – Marshall Middle School Gymnasium
Time – 3:30 – 5:30 pm

Girls Basketball

- **High School (Girls – Grades 9-12). 2 teams – Varsity/JV.**
First day of tryouts – Friday, November 18, 2022
Location – Senior High School Gymnasium
Time – 6:00 – 9:00 pm
- **Carson MS (Girls – Grades 9-12). 2 teams – 8th grade team & 7th grade team.**
First day of tryouts – Friday, November 18, 2022
Location – Carson Middle School Gymnasium
Time – 5:30 – 7:30 pm

- **Ingomar MS (Girls – Grades 7-8). 2 teams – 8th grade team & 7th grade team.**

First day of tryouts – Friday, November 18, 2022

Location – Ingomar Middle School

Time – 3:30 – 5:30 pm

- **Marshall MS (Girls – Grades 7-8). 2 teams – 8th grade team & 7th grade team.**

First day of tryouts – Friday, November 18

Location – Marshall Middle School Gymnasium

Time – 5:30 – 7:30 pm

Bowling

- **High School (Boys & Girls – Grades 9-12). 2 teams – 8th grade team & 7th grade team.**

First day of tryouts – Friday, November 18

Location – Perry Park Lanes

Time – 3:00 – 5:00 pm

\$5 per day/per student

Cheerleading

- No tryout process. Teams already selected.

Diving

- **High School (Boys & Girls – Grades 9-12). 2 teams – boys' team & girls' team.**

First day of tryouts – Monday, November 21, 2022

Location – Senior High School Pool

Time – 5:00 – 6:30 pm

Gymnastics

- **High School (Girls – Grades 9-12). 1 team.**

First day of tryouts – Wednesday, November 23, 2022

Location – Jewart's Gymnastics

Time – 7:00 – 9:00 pm

Ice Hockey

- **High School (Boys – Grades 9-12). 3 teams – Varsity, JV1, JV2**

No tryout process. Teams already selected.

- **Middle School (Boys – Grades 7-8). 1 team.**

No tryout process. Teams already selected.

Indoor Track

- **High School (Boys & Girls – Grades 9-12). 2 teams – boys' team & girls' team.**
First day of tryouts – Monday, December 5
Location – Baierl Center
Time – 3:00 – 5:00 pm
Practice days – Monday, Tuesday, Thursday

Inline Hockey

- **High School (Boys – Grades 9-12). 1 team.**
No tryout process. Team already selected.

Swimming

- **High School (Boys & Girls – Grades 9-12). 2 teams – boys' team & girls' team.**
First day of tryouts – Friday, November 18
Location – Senior High School Pool
Time – 3:00 – 5:30 pm

Wrestling

- **High School (Boys & Girls – Grades 9-12). 3 teams – boys Varsity/ JV team & girls' team.**
First day of tryouts – Friday, November 18
Location – Senior High School Wrestling Room
Time – 3:00 – 5:30 pm
- **Junior High (Boys – Grades 7-9). 1 team.**
First day of tryouts – Friday, November 18
Location – Intermediate High School (NAI) Small Gym
Time – 3:15 – 5:45 pm

Unified Schools Bocce

- **High School (Boys and Girls – Grades 9-12). 2 teams.**
First day of tryouts – NASH Students – Monday, November 12, 2:30 pm
First day of tryouts – NAI Students – Tuesday, November 22, 2:30 pm