2023 Fall Sports Tryout Schedule

The 2023-2024 PIAA Interscholastic athletic school year will begin on Monday, August 7 with mandatory high school football heat acclimatization, as well as boys’ and girls’ golf. All high school sports, freshmen and middle school sports will begin· their first practice date on Monday, August 14, 2023. First practice dates and times in the tryout process for all sports, grades 7 through 12 are listed below. There will be a minimum of 3 consecutive days of tryouts.

All athletes must be registered on Family ID, have paid the District pre-participation fee, submitted a valid physical dated 6/1/2023 or after to the Athletic Office, and be cleared with the lmPACT Concussion Program by Friday, August 14, 2023 in order to participate in tryouts.

All dates and locations for the first day of tryouts are subject to change. This schedule is tentative and will be updated periodically. Student-athletes will receive the schedule for the subsequent tryout/practices on the first day.

**Cheerleading**

* **High School (Girls** - **Grades 9-12). 2 teams** - **Varsity/JV.**

First day of practice - Monday August 14th (try-outs completed in spring 2023)

Location - Intermediate High School Lower Gymnasium Time - 8:30 am

# Middle School (Girls - Grades 7-8). 3 teams - 1 Carson MS, 1 lngomar MS, 1 Marshall MS.

First day of practice - Monday, August 14th (try-outs completed in spring 2023)

Location - Intermediate High School Lower Gymnasium Time - 8:30 am

**Cross Country**

# High School (Boys & Girls - Grades 9-12). 2 teams - boys team and girls team.

First day of tryouts - Monday, August 14th

Location - Deer Browse 2
Time: 3:00 - 5:00 pm

# Middle School (Boys and Girls - Grades 7-8). 2 teams - boys team and girls team.

First day of tryouts – Monday, August 14th

Location - Marshall Middle School Time - 8:00 am - 9:45 am

**Field Hockey**

# High School (Girls- Grades 9-12). 2 teams -Varsity/JV

First day of tryouts - Monday, August 14th

Location - Newman Stadium

Time -10:00 am - Noon **and** 7:00 - 9:00 pm

* **Middle School (Girls** - **Grades 7-8). 1 team.** First day of tryouts – Monday, August 14th Location - Intermediate High School (NAI) Time 5:00- 7:00 pm

**Football**

## High School (Boys-Grades 10-12). 2 teams-Varsity/JV

First day of tryouts - Monday, August 7th Location - Newman Stadium

Time - 7:00-10:00 am

## Freshman (Boys - Grade 9). 1 team.

First day of tryouts - Monday, August 14th Location - Intermediate High School (NAI) Time - 3:00 -5:30 pm

## Middle School (Boys - Grades 7 - 8). 2 teams - Carson/Ingomar MS and Marshall MS

### Carson/Ingomar MS team

First day of tryouts – Monday, August 14th Location - lngomar Middle School Field

Time - 4:00 pm - 6:30 pm

### Marshall MS team

First day of tryouts -Monday, August 14th Location - Marshall Middle School Main Field Time - 8:00 am - 10:30 am

**Golf- Boys\***

## High School (Boys - Grades 9 - 12). 2 teams - Varsity, JV

First day of tryouts - Monday, August 7 Location - North Park Golf Course

Time - Meeting at 9:30 am with tee times beginning at 10:00 am

**Golf - Girls\***

## High School (Girls - Grades 9 -12). 2 teams -Varsity/JV.

First day of tryouts - Monday, August 7 Location – North Park Golf Course Time – Meeting at 11:15 am
 Tee Time at Noon

**Soccer - Boys**

* **High School (Boys-Grades 10 -12). 2 teams-Varsity/JV.**

First day of tryouts - Monday, August 14th

Location - Intermediate High School Turf Field (NAI) Time – 10:00 am - 12:30 pm

* **Freshman Boys (Boys - Grade 9). 1 team - 9th grade.** First day of tryouts -Wednesday, August 14th Location - Intermediate High School Turf Field (NAI) Time - 12:30 pm – 2:30 pm
* **Middle School (Boys - Grades 7 - 8). 2 teams - Gold and White teams.**

First day of tryouts – Monday, August 14th Location – NAI Turf Field

Time - 3:00 pm - 5:00 pm

**Soccer - Girls**

* **High School (Girls - Grades 9 -12). 2 teams -Varsity/JV.**

First day of tryouts - Monday, August 14th

Location -AM at Intermediate High School Turf Field (NAI) and PM at Newman Stadium (NASH) Time -8:00 am – 10:00 am **and** 5:00 - 7:00 pm (NASH)

* **Middle School (Girls - Grades 7 - 8). 2 teams - Black and Gold Teams.**

First day of tryouts – Monday, August 14th Location - Marshall Middle School Lower Soccer Field Time - 3:30 - 5:30 pm

**Slow-Pitch Softball**

* **High School (Girls - Grades 9 -12). 2 teams-Varsity/JV.**

*Pre-season conditioning: Monday, 8/7- Friday, 8/11: 6 -8 pm at Marshall Middle School*

First day of tryouts - Monday, August 14th Location - Marshall Middle School

Time - 6:00 - 8:00 pm

* **Middle School (Girls - Grades 7 - 8). 1 team.**

*Pre-season conditioning: Monday, 8/7- Friday, 8/11: 4* - *6 pm at Marshall Middle School*

First day of tryouts – Monday, August 14th Location - Marshall Middle School

Time - 4:00 - *6:00* pm

**Tennis - Girls**

* High School (Girls - Grades 9 -12). 2 teams -Varsity/JV. First day of tryouts - Monday, August 14th

Location - Senior High School Tennis Courts (NASH) Time - 9:00 am - 2:00 pm

**Volleyball - Girls**

# High School (Girls-Grades 9 -12). 2 teams -Varsity/JV.

**First day of tryouts - Monday, August 14**

Location - North Allegheny Senior High School Gym Time - 3:00 pm - 5:00 pm (Grades 9 -12)

**Aug. 15**

Middles: 4-5 pm
Setters: 4-7 pm
Outsides: 5-7 pm

DS’s: 5-7 pm

**Aug. 16**

Grades 9-10: 4-6 pm
Grades 11-12: 7-8:30 pm

*Team Selections After*

# Middle School (Girls - Grades 7 - 8). 2 teams - Black and Gold Teams.

First day of tryouts-Monday, August 14th Location - North Allegheny Intermediate Lower Gym Time - 4:00 pm - 6:00 pm