2023-2024 Winter Sports Tryout Schedule

Listed below are the tryout dates for each sport being offered at North Allegheny for the 2023-2024 school year. There will be a total of three consecutive dates for tryouts. The dates/times for day one of each tryout is listed below. These dates and times are subject to change.

**Boys Basketball**

# High School (Boys – Grades 10-12). 2 teams – Varsity/JV.

First day of tryouts – Friday, November 17, 2023 Location – Senior High School Gymnasium

Time – 6:30 – 9:00 pm

# Freshman (Boys – Grade 9). 1 team.

First day of tryouts – Friday, November 17, 2023

Location – Intermediate High School (NAI) Lower Gymnasium Time – 2:30 – 5:00 pm

# Carson MS (Boys – Grades 7-8). 2 teams – 8th grade team & 7th grade team.

First day of tryouts – Friday, November 17, 2023 Location – Carson Middle School Gymnasium Time – 3:15 – 5:30 pm

# Ingomar MS (Boys – Grades 7-8). 2 teams – 8th grade team & 7th grade team.

First day of tryouts – Friday, November 17, 2023 Location – Ingomar Middle School Gymnasium Time – 3:15 – 5:30 pm

# Marshall MS (Boys – Grades 7-8). 2 teams – 8th grade team & 7th grade team.

First day of tryouts – Friday, November 17, 2023 Location – Marshall Middle School Gymnasium Time – 3:15 – 5:30 pm

**Girls Basketball**

* **High School (Girls – Grades 9-12). 2 teams – Varsity/JV.** First day of tryouts – Friday, November 17, 2023 Location – Senior High School Gymnasium

Time – 4:00 – 6:30 pm

# Middle School (Girls – Grades 7-8). 2 teams – 8th grade team & 7th grade team.

First day of tryouts – Friday, November 17, 2023 Location – Marshall Middle School Gymnasium Time – 5:30 – 7:00 pm: 7th Grade Girls Only

 7:00 pm – 8:30 pm: 8th Grade Girls Only

**Bowling**

# High School (Boys & Girls – Grades 9-12). 2 teams – Boys and Girls

First day of tryouts – Friday, November 17 Location – Perry Park Lanes

Time – 3:00 – 5:00 pm

$6 per day/per student

**Cheerleading**

* No tryout process. Teams already selected.

**Diving**

# High School (Boys & Girls – Grades 9-12). 2 teams – boys’ team & girls’ team.

First day of tryouts – Monday, November 20, 2023 Location – Senior High School Pool

Time – 5:00 – 6:30 pm

**Gymnastics**

# High School (Girls – Grades 9-12). 1 team.

First day of tryouts – Monday, November 20th

Location – Jewart’s Gymnastics

Time – 4:00 – 5:30 pm

**Ice Hockey**

# High School (Boys – Grades 9-12). 3 teams – Varsity, JV1, JV2

No tryout process. Teams already selected.

# Middle School (Boys – Grades 7-8). 1 team.

No tryout process. Teams already selected.

**Indoor Track**

# High School (Boys & Girls – Grades 9-12). 2 teams – boys’ team & girls’ team.

First day of tryouts – Tuesday, December 5

Location – Baierl Center Time – 3:00 – 5:00 pm

Practice days – Tuesday, Thursday, Friday

**Inline Hockey**

# High School (Boys – Grades 9-12). 1 team.

No tryout process. Team already selected.

**Swimming**

# High School (Boys & Girls – Grades 9-12). 2 teams – boys’ team & girls’ team.

First day of tryouts – Friday, November 17 Location – Senior High School Pool

Time – 3:00 – 5:30 pm

**Wrestling**

# High School (Boys & Girls – Grades 9-12). 3 teams – boys Varsity/ JV team & girls’ team.

First day of tryouts – Friday, November 17 Location – Senior High School Wrestling Room Time – 3:00 – 5:30 pm

# Junior High (Boys – Grades 7-9). 1 team.

First day of tryouts – Friday, November 17

Location – Intermediate High School (NAI) Auxiliary Gym Time – 3:15 – 5:45 pm

**Unified Schools Bocce**

# High School (Boys and Girls – Grades 9-12). 2 teams.

First day of tryouts – NASH Students – Friday, November 17, Room 241 at the Senior High School (NASH) – 2:30pm – 3:30pm

# Monday, November 20th – 2:30pm – 3:30pm at NASH

# Tuesday, November 21st – 2:30pm – 3:30pm at NASH