2024 Fall Sports Tryout Schedule

The 2024-2025 PIAA Interscholastic athletic school year will begin on Monday, August 5 with mandatory high school football heat acclimatization, as well as boys’ and girls’ golf. All high school sports, freshmen and middle school sports will begin· their first practice date on Monday, August 12, 2024. First practice dates and times in the tryout process for all sports, grades 7 through 12 are listed below. There will be a minimum of 3 consecutive days of tryouts. All middle school football players will have their first five practices (August 12-16) as heat acclimatization days. This is new for the 2024-2025 season.

All athletes must be registered on Family ID, have paid the District pre-participation fee, submitted a valid physical dated 5/1/2024 or after to the Athletic Office, and be cleared with the lmPACT Concussion Program by Friday, August 10, 2024, in order to participate in tryouts.

All dates and locations for the first day of tryouts are subject to change. This schedule is tentative and will be updated periodically. Student-athletes will receive the schedule for the subsequent tryout/practices on the first day.

**Cheerleading**

* **High School (Girls** - **Grades 9-12). 2 teams** - **Varsity/JV.**

First day of practice - Monday August 12th (try-outs completed in spring 2024)

Location - Intermediate High School Lower Gymnasium

Time - 8:30 am

# Middle School (Girls - Grades 7-8). 3 teams - 1 Carson MS, 1 lngomar MS, 1 Marshall MS.

First day of practice - Monday, August 12th (try-outs completed in spring 2024)

Location - Intermediate High School Lower Gymnasium

Time - 8:30 am

**Cross Country**

# High School (Boys & Girls - Grades 9-12). 2 teams - boys team and girls’ team.

First day of tryouts - Monday, August 12th

Location - North Park, Deer Browse 1 Pavilion 1 (near Pie Traynor/pool)

Time: 7:30 am - 9:30 am

# Middle School (Boys and Girls - Grades 7-8). 2 teams - boys team and girls’ team.

First day of tryouts – Monday, August 12th

Location - Marshall Middle School Complex

Time - 8:00 am - 9:45 am

**Field Hockey**

# High School (Girls- Grades 9-12). 2 teams -Varsity/JV

First day of tryouts - Monday, August 12th

Location - Newman Stadium

Time - 10:00 am - Noon **and** 7:00 - 9:00 pm

* **Middle School (Girls** - **Grades 7-8). 1 team.**

First day of tryouts – Monday, August 12th

Location - Intermediate High School Turf Field (NAI)

Time 5:00 pm – 7:00 pm

**Football**

## High School (Boys-Grades 9-12). 3 teams-Varsity/JV “A” and JV “B”

First day of tryouts - Monday, August 5th

Location - Newman Stadium

Time - 7:00-10:00 am / 1:00 pm – 3:00 pm

## Middle School (Boys - Grades 7 - 8). 2 teams - Carson/Ingomar MS

## First day of tryouts – Monday, August 12th

## Location - lngomar Middle School Field

Time - 4:00 pm - 6:30 pm

* **Marshall MS team**

First day of tryouts -Monday, August 12th

Location - Marshall Middle School Main Field

Time – 8:00 am – 10:30 am

**Golf- Boys\***

* **High School (Boys - Grades 9 - 12). 3 teams - Varsity, JV1 and JV2**

First day of tryouts - Monday, August 5th

Location - North Park

Time - Meeting at 9:30 am with tee times beginning at 10:00 am - **\*Subject to change**

**Golf - Girls\***

* **High School (Girls - Grades 9 -12). 2 teams -Varsity/JV.**

First day of tryouts - Monday, August 5th

Location - Diamond Run Golf Club

Time - 8:00 am - **\*Subject to change**

**Soccer - Boys**

* **High School (Boys-Grades 10 -12). 2 teams-Varsity/JV.**

First day of tryouts - Monday, August 12th

Location - Intermediate High School Turf Field (NAI)

Time – 10:00 am - Noon

* **Freshman Boys (Boys - Grade 9). 1 team - 9th grade.**

First day of tryouts -Monday, August 12th

Location - Intermediate High School Turf Field (NAI)

Time – Noon – 2:00 pm

* **Middle School (Boys - Grades 7 - 8). 2 teams - Gold and White teams.**

First day of tryouts – Monday, August 12th

Location: Intermediate High School Turf Field (NAI)

Time – 2:00 pm – 4:00 pm

**Soccer - Girls**

* **High School (Girls - Grades 9 -12). 2 teams -Varsity/JV.**

First day of tryouts - Monday, August 12th

Location – AM at Intermediate High School Turf Field (NAI) and PM at Newman Stadium (NASH)

Time - 8:00 am – 10:00 am (NAI) and5:00 - 7:00 pm (NASH)

* **Middle School (Girls - Grades 7 - 8). 2 teams - Black and Gold Teams.**

First day of tryouts – Monday, August 12th

Location - Marshall Middle School Upper Soccer Field

Time – 3:00 pm – 5:00 pm

**Slow-Pitch Softball**

* **High School (Girls - Grades 9 -12). 2 teams-Varsity/JV.**

*Pre-season conditioning: Monday, 8/5- Friday, 8/9: 6 -8 pm at Marshall Middle School*

First day of tryouts - Monday, August 12th

Location - Marshall Middle School Softball Field

Time - 6:00 - 8:00 pm

* **Middle School (Girls - Grades 7 - 8). 1 team.**

*Pre-season conditioning: Monday, 8/5- Friday, 8/9: 4-6 pm at Marshall Middle School*

First day of tryouts – Monday, August 12th

Location - Marshall Middle School Softball Field

Time - 4:00 - 6:00pm

**Tennis - Girls**

* **High School (Girls - Grades 9 -12). 2 teams -Varsity/JV**.

First day of tryouts - Monday, August 12th

Location - Senior High School Tennis Courts (NASH)

Time - 9:00 am - 3:00 pm

**Volleyball - Girls**

# High School (Girls-Grades 9 -12). 2 teams -Varsity/JV.

First day of tryouts - Monday, August 12th

Location - North Allegheny Senior High School Gym

Time - 8:00 am -10:00 am

# Middle School (Girls - Grades 7 - 8). 2 teams - Black and Gold Teams.

First day of tryouts-Monday, August 12th

Location - North Allegheny Intermediate Lower Gym

Time - 4:00 pm - 6:00 pm

**Water Polo**

* **High School (Grades 9-12). 2 teams – Boys’ Team/Girls’ Team**

First day of tryouts – Monday, August 12th

Location – North Allegheny Senior High School Pool

Time – Boys – 8:00 am – 9:30 am and 3:00 pm – 4:30 pm

Time – Girls – 9:30 am – 11:00 am and 4:30 pm – 6:00 pm