

# JUNE 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31 <b>Last Day of School!</b>	1
2	3 Grades 3 – 6 Camp 4:30 – 6 pm  Grades 7 – 8 Camp 6:30 – 8:30 pm	4	5 Grades 3 – 6 Camp 4:30 – 6 pm  Grades 7 – 8 Camp 6:30 – 8:30 pm	6	7 Grades 3 – 6 Camp 4:30 – 6 pm  Grades 7 – 8 Camp 6:30 – 8:30 pm	8
9	10 Strength and Conditioning 9 – 10:30 am (NAI)  Open Gym 6 – 8 pm	11	12  Open Gym 6 – 8 pm	13 Strength and Conditioning 9 – 10:30 am (NAI)	14	15
16	17 Strength and Conditioning 9 – 10:30 am (NAI)  Open Gym 6 – 8 pm	18	19  Open Gym 6 – 8 pm	20 Strength and Conditioning 9 – 10:30 am (NAI)	21	22
23	24 Strength and Conditioning 9 – 10:30 am (NAI) Grades 3 – 6 Camp 3 – 4:30 pm Grades 7 – 8 Camp 5 – 7 pm Open Gym 7 – 9 pm	25	26 Grades 3 – 6 Camp 3 – 4:30 pm Grades 7 – 8 Camp 5 – 7 pm Open Gym 7 – 9 pm	27 Strength and Conditioning 9 – 10:30 am (NAI)  Grades 3 – 6 Camp 3 – 4:30 pm Grades 7 – 8 Camp 5 – 7 pm	28	29

# JULY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	<b>1</b> OFF (Club Nationals)	<b>2</b> OFF (Club Nationals)	<b>3</b> OFF (Club Nationals)	<b>4</b> OFF (Club Nationals)	<b>5</b> OFF (Club Nationals)	6
7	<b>8</b> OFF (Club Nationals)	<b>9</b> OFF (Club Nationals)	<b>10</b> OFF (Club Nationals)	<b>11</b> OFF (Club Nationals)	<b>12</b> OFF (Club Nationals)	13
14	<b>15</b> Strength and Conditioning 9 – 10:30 am (NAI)  Open Gym 6 – 8 pm	<b>16</b>	<b>17</b>  Open Gym 6 – 8 pm	<b>18</b> Strength and Conditioning 9 – 10:30 am (NAI)	<b>19</b>	20
21	<b>22</b> Strength and Conditioning 9 – 10:30 am (NAI)  Open Gym 6 – 8 pm	<b>23</b> Grades 3 – 6 Camp 3 – 4:30 pm Grades 7 – 8 Camp 5 – 7 pm	<b>24</b> Grades 3 – 6 Camp 3 – 4:30 pm Grades 7 – 8 Camp 5 – 7 pm  Open Gym 7 – 9 pm	<b>25</b> Strength and Conditioning 9 – 10:30 am (NAI)  Grades 3 – 6 Camp 3 – 4:30 pm Grades 7 – 8 Camp 5 – 7 pm	<b>26</b>	27
28	<b>29</b> Strength and Conditioning 9 – 10:30 am (NAI)  Just 4 Girls Camp (We Chaperone)  Open Gym 6 – 8 pm	<b>30</b>	<b>31</b>  Open Gym 6 – 8 pm	<b>1</b> Strength and Conditioning 9 – 10:30 am (NAI)	<b>2</b>	3

# AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 <i>Strength and Conditioning 9 – 10:30 am (NAI)</i>	2	3
4	5 <i>Strength and Conditioning 9 – 10:30 am am (NAI)</i>  <i>Open Gym 6 – 8 pm</i>	6	7  <i>Open Gym 6 – 8 pm</i>	8  <i>Strength and Conditioning 9 – 10:30 am (NAI)</i>	9	10
11	12 <b>Tryouts</b> 9 <sup>th</sup> /10 <sup>th</sup> Grade 3 – 5 pm  11 <sup>th</sup> /12 <sup>th</sup> Grade 6 – 8 pm	13 <b>Tryouts</b> Middles: 4 – 5 pm Setters: 4 – 7 pm Outsides: 5 – 7 pm DS's: 5 – 7 pm	14 <b>Tryouts</b> 4 – 6 pm 7 – 8:30 pm  <i>Team Selections</i>	15 <b>Pre-Season Practice</b> 4 – 6 pm 7:15 – 9 pm  <b>Parent Meeting</b> <i>6 pm</i>	16 <b>Pre-Season Practice</b> 4 – 6 pm	17 <b>Home Scrimmage</b> 9 am (Varsity + JV) <i>Moon, Team Building Activity</i>
18	19 <b>Practice</b> 3:15 – 5:45 pm	20 <b>Practice</b> 3:15 – 5:45 pm	21 <b>Home Scrimmage</b> 6 – 8 pm (Varsity + JV)  <i>West A + Deer Lakes</i>	22 <b>First Day of School</b> <b>Individual Discussions</b> 3 – 5 pm  <i>Picture Day</i>	23 <b>Practice</b> 3:15 – 5 pm	24
25	26	27	28	29 <b>Home vs.</b> <b>Oakland Catholic</b>	30	31

# SEPTEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 @ Shaler	4	5	6	7 @ Upper St. Clair Tournament  (Varsity Only)
8	9	10 Home vs. Pine Richland	11	12 @ Seneca Valley	13	14 @ Morgantown Tournament  (Varsity + JV)
15	16	17 Home vs. North Hills	18	19 @ Butler	20	21 @Cumberland Valley Tournament  (Varsity Only)
22	23	24 Home vs. North Catholic	25	26 @ Mt. Lebanon	27	28
29	30	1	2	3	4	5

# OCTOBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 Home vs. Upper St. Clair	2	3 @ Pine Richland	4	5 @ Landisville Hempfield Tournament  (Varsity + JV)
6	7	8 Home vs. Seneca Valley	9	10 @ North Hills	11	12 JV Home Tournament  (JV Only)
13	14	15 Home vs. Butler	16	17 @ North Catholic	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

# NOVEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30