

# JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6 Last Day of School!	7
8	9 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm  <a href="#">Open Gym</a> 7 - 9 pm	10  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm	11  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm  <a href="#">Open Gym</a> 7 - 9 pm	12  <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)	13	14
15	16  <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (Baierl Center) <a href="#">Open Gym</a> 6 - 8 pm	17	18  <a href="#">Open Gym</a> 6 - 8 pm	19  <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (Baierl Center)	20	21
22	23  <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (Baierl Center) <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm  <a href="#">Open Gym</a> 7 - 9 pm	24  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm	25  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm  <a href="#">Open Gym</a> 7 - 9 pm	26  <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (Baierl Center)	27	28
29	30 OFF (Club Nationals)	1	2	3	4	5

# JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1 OFF (Club Nationals)	2 OFF (Club Nationals)	3 OFF (Club Nationals)	4 OFF (Club Nationals)	5
6	7 OFF (Club Nationals)	8 OFF (Club Nationals)	9 OFF (Club Nationals)	10 OFF (Club Nationals)	11 OFF (Club Nationals)	12
13	14 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Open Gym</a> 6 - 8 pm	15	16	17 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Open Gym</a> 6 - 8 pm	18	19
20	21 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Open Gym</a> 6 - 8 pm	22	23  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm	24 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm  <a href="#">Open Gym</a> 7 - 9 pm	25  <a href="#">Camp</a> Grade 3-6; 3 - 4:30pm Grade 7-8; 5 - 7pm	26
27	28 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Open Gym</a> 6 - 8 pm	29	30	31 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Open Gym</a> 6 - 8 pm	1	2

# AUGUST 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4 <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)  <a href="#">Open Gym</a> 6 - 8 pm	5	6  <a href="#">Open Gym</a> 6 - 8 pm	7  <a href="#">Strength &amp; Cond.</a> 9 - 10:30 am (NAI)	8	9
10	11 <b>Tryouts</b> 4 – 6 pm 7 – 8:30 pm	12 <b>Tryouts</b> Middles: 4 – 5 pm Setters: 4 – 7 pm Outsides: 5 – 7 pm DS's: 5 – 7 pm	13 <b>Tryouts</b> 9 <sup>th</sup> /10 <sup>th</sup> Grade 3 – 5 pm  11 <sup>th</sup> /12 <sup>th</sup> Grade 6 – 8 pm  <i>Team Selections</i>	14 <b>Pre-Season Practice</b> 4 – 6 pm 7:15 – 9 pm  <b>Parent Meeting</b> 6 pm	15 <b>Pre-Season Practice</b> 4 – 6 pm  <b>Picture Day</b>	16 <b>Home Scrimmage</b> 9 am (Varsity + JV) <i>Montour, Moon, &amp; Oak Glen (WV)</i>  <b>Team Building Activity</b>
17	18 <b>Practice</b> 3:15 – 5:45 pm	19 <b>Practice</b> 3:15 – 5:45 pm	20 <b>@West Allegheny Scrimmage</b> 6 – 8 pm (Varsity + JV)  <i>West A + Deer Lakes</i>	21 <b>First Day of School</b>  <b>Practice</b> 3:15 – 5:45 pm	22 <b>@ Oakland Catholic</b>	23 <b>Practice</b> 8 – 10 am  <b>Car Wash</b> 10:30 am – 2:30 pm
24	25 <b>Practice</b> 3:15 – 5:45 pm	26 <b>Open House Practice</b> 5:30 – 7:30 pm	27 <b>Practice</b> 3:15 – 5:45 pm	28 <b>@ Morgantown</b>	29 <b>Practice</b> 3:15 – 4:30 pm	30 <b>OFF</b>
31 <b>OFF</b>	1	2	3	4	5	6

# SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 OFF	2 Practice 3:15 – 5:45 pm	3 Practice 3:15 – 5:45 pm	4 vs. Shaler	5 Practice 3:15 – 4:30 pm	6 @ Upper St. Clair Tournament (Varsity Only)
7	8 Practice 3:15 – 5:45 pm	9 @ Pine Richland	10 Practice 3:15 – 5:45 pm	11 vs. Seneca Valley	12 OFF	13 OFF
14	15 Practice 3:15 – 5:45 pm	16 @ North Hills	17 Practice 3:15 – 5:45 pm	18 vs. Butler	19 OFF (Drive to Harrisburg)	20 @ Cumberland Valley Tournament (Varsity Only)
21	22 Practice 3:15 – 5:45 pm	23 @ North Catholic	24 Practice 3:15 – 5:45 pm	25 Practice 3:15 – 5:45 pm	26 Practice 3:15 – 5 pm	27 Home Tournament (Varsity + JV)
28	29 Practice 3:15 – 5:45 pm	30 Practice 3:15 – 5:45 pm	1	2	3	4

# OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 vs. Pine Richland	2 Practice 3:15 – 5:45 pm	3 OFF <i>Homecoming Game</i>	4 OFF <i>Homecoming</i>
5	6 Practice 3:15 – 5:45 pm	7 @ Seneca Valley	8 Practice 3:15 – 5:45 pm	9 vs. North Hills	10 Pass and Serve 3 – 4 pm (Drive to Cleveland)	11 @ Bishop Gilmour (OH) Tournament (Varsity Only)
12	13 vs. Thomas Jefferson	14 @ Butler	15 Practice 3:15 – 5:45 pm	16 vs. North Catholic	17 Practice 3:15 – 5 pm	18 JV Home Tournament (JV Only)
19	20	21	22	23	24	25
26	27	28	29	30	31	1