



North Allegheny Volleyball Association Spring 2026

North Allegheny is excited to continue its program for young female athletes who are interested in participating in a volleyball training opportunity.

The program will offer a Spring 2026 season that will consist of 6 sessions over four weeks in May. Sessions will take place at Marshall Middle School.

Each two-hour session will consist of 90 minutes of volleyball specific movements, skill development and challenging drills followed by 30 minutes of modified play.

Instruction will be delivered by Heidi Miller and a small staff of knowledgeable coaches. Members of the NA High School Volleyball Team and parents of the participants will be welcome and encouraged to serve as volunteers to assist in providing additional coaches on each court.

There will be three courts set up in the gym allowing for up to 40 athletes to participate in the program.

The cost is \$125 - a great value for this type of program!

Exact dates and times:

May 9, 16, and 30 from 9:00am-11:00am

May 12, 19, and 26 from 6:00pm-8:00pm

Please go to [NAVA Spring 2026 Registration Form](#) to sign up now!

