



GIRLS ONLY WRESTLING TEAM

NO EXPERIENCE NEEDED

Try-It-Nights

SEPT 21 - OCT 14 - NOV 5

5:00 PM @ NASH

Grades 7-12

Wrestling is
for
EveryBODY

Ready to
Join Us?



SCAN ME



BUILD FOR OTHER SPORTS

Perfect Foundation for other Sports



FIND YOUR STRENGTH

Face mental & physical challenges



DEVELOP CONFIDENCE

Be amazed at what you can do



NO WEIGHT CUTTING

Wrestle your natural weight



TEAM BONDS RUN DEEP

Friendships are forged on the mat

