



JUNIOR WRESTLING

GRADES K-6

GIRLS ONLY WRESTLING TEAM



NO EXPERIENCE NEEDED



-FIND YOUR STRENGTH

Face mental & physical challenges



-DEVELOP CONFIDENCE

Be amazed at what you can do



-TEAM BONDS RUN DEEP

Friendships are forged on the mat

**WRESTLING IS THE
PERFECT
FOUNDATION
FOR
ALL OTHER SPORTS**

FREE TRY-IT-NIGHTS **SEPTEMBER 23 & OCTOBER 7**

6:30-7:30 PM at North Allegheny Senior High

- ✓ November through February
- ✓ Girls have their own practices and dedicated coaching staff
- ✓ Instruction from North Allegheny Girls Varsity Coaches and Varsity Girl Wrestlers



SCAN ME

